

Obituary



The Kiel School of Gynecological Endoscopy remembers one of our great International fellows: Dr Rakesh Sinha (1957-2016)

Dr. Rakesh Sinha—A renowned Laparoscopic Surgeon, Past president of the Indian Association of Gynecological Endoscopy (IAGE) and a board member of the International Society for Gynaecological Endoscopists started his endoscopy career having trained at Kiel with Prof. Semm followed by a post doctorate fellowship at the Royal Free Hospital, London with Adam Magos.

Two Time Guinness World Record Holder—one, for having removed the largest fibroid weighing 3.4 kgs laparoscopically and second for having taken out the largest uterus weighing 4.1 kgs laparoscopically.

Dr Sinha was a pioneer in 3D Laparoscopy and made Womens Hospital the worlds first 3D Laparoscopy Centre. Four times International Marathon runner having completed 42.195 kms. Dr. Sinha a teacher par excellence started training fellow gynecologists at Ethicon Institute of Surgical Education (EISE) in 1995 and was an esteemed faculty and course director at CeMAST (Centre of Excellence for minimal access surgery training) since its inception. He has trained thousands of Gynaecological Endoscopic Surgeons globally. He has conducted workshops and training programs in 12 countries and over 60 cities in India. He was invited to speak, train, conduct workshops and demonstrate surgeries in UK, USA, Holland, Kenya, Singapore, Germany, Italy, Malaysia, Canada , Vietnam, France and Australia. He has innumerable scientific publications in international indexed journals and has been a contributor for several chapters in many books. He hosted and organized 11 national conferences with focused topics like Just Fibroids, Just Hysterectomy, Just Safety, Just Innovations, and Just Complications.

Laparoscopic Suturing was his signature skill and he conducted masterclasses on suturing to train other surgeons in this skill.

Dr. Sinha was a motivational speaker and mind management expert. With his background in medicine he gave a totally new dimension to the science of success. He was the only Indian featured in Success Profiles by Jack Canfield (co-creator of Chicken Soup of the Souls series) and was interviewed on the Anatomy of Success. He also completed Jack Canfield's Train the Trainer program in California where he became a certified Motivational Trainer. He was a licentiate practitioner for Neuro Linguistic Programming (NLP). Dr Rakesh Sinha took management lectures and motivational speeches for several corporates, senior police officers, CBI officers and management institutes. Past President of the Rotary Club of Bombay, Bandra, he has been the District Chairman of Rotary International in various capacities.

Most recently he launched his book 'The Anatomy of Success' which went on to be a National Bestseller. In his book he spoke about his journey garnering success in the field of medicine as well as living up to the human potential. The book which is published by Harper Collins is now available in bookstores across the world and on www.anatomyofsuccess.in and www.amazon.in

Dr. Sinha believed, "It takes One Dream, One Idea and One Thought to Change your Life".

A handwritten signature in black ink, which appears to read 'Nutan Jain'.

Nutan Jain MS (Obs. & Gynae)

Vardhman Trauma and Laparoscopy Centre Pvt. Ltd

A-36, South Civil Lines, Mahavir Chowk , Muzaffarnagar-251001 (UP) India